

UNIMED *titbits*



A bi-monthly bulletin of the University of Medical Sciences, Ondo City, Ondo State.

Let's cross this hurdle', Akeredolu tells MDCN

FUF wax stronger, a year after launch

Osemawe, Mimiko host MDCN accreditation team

EXCLUSIVE NEWS

Medical council team visits UNIMED

A seven-man accreditation team of the Medical and Dental Council of Nigeria, MDCN, on Monday June 19, 2017 arrived at the University of Medical Sciences, Ondo City, to assess the resources and facilities available for the training of students enrolled in MBBS and BDS programmes of the university.

The team, which was led by Prof. Ibrahim Abdu – Aguye, included the Acting Registrar of the MDCN, Dr. Tajudeen Sanusi; Prof. W. C.Nwafia from Odumegwu Ojukwu University; Prof. S. A. Adebisi of Benue State University, Markurdi; Prof. Francis Duru from University of Lagos; Dr. N. U. Nwakama and Mr. D. D. Tyovenda of the MDCN.

The Vice-Chancellor, UNIMED, Prof. Friday Okonofua while welcoming the team congratulated the members, saying they are part of the history of the first University of Medical Sciences in Nigeria and West Africa.

"Today is the 19th day of June, 2017. I want to assure you that when the history of this university will be written, this date would be written prominently", Okonofua said.

He said the varsity's objective is to provide training in all medical disciplines, including medical engineering, nursing and physiotherapy.

The VC said, "We want this to be a one shop centre for all health professions both at the undergraduate level as well as



A group photograph of the visiting members of the Medical and Dental Council of Nigeria's accreditation team with the Vice-Chancellor of the University of Medical Sciences, Ondo, Prof. Friday Okonofua and some members of staff of the university.

post-graduate level. We also want to promote research and creative work in transforming and improving the health care system in Nigeria and the world at large, and to develop human and physical resources of the university."

The MDCN Acting Registrar, Dr. Tajudeen Sanusi said medical education is a bit complex and that is why the council insisted that if a medical school is to operate within the university system, it must operate a collegial system.

"In this situation, you have taken steps ahead by establishing a University of Medical Sciences, which we think others should emulate depending on how well it works and I hope it is going to work", Sanusi added.

On the accreditation, Sanusi said, "MDCN has not come here to mark you down, rather we have come here to assist you.

Even where you are having some difficulties

in management, it is our responsibility to help you out".

The leader of the team, Prof. Ibrahim Abdu-Aguye, described as commendable the level of growth recorded by the university in less than three years.

"We are all aware that there are some universities in this country that have started medicine for 14 years and still lack accreditation. The fact that you feel ready in three years for us, to see what you have on ground is really a very brave effort on your part and I want to commend that", Abdu-Aguye said.

The team thereafter proceeded to assess the resources and facilities available at the university.

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MDCN accreditation team's visit

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The team started the assessment visit from the Anatomy building where they inspected the Anatomy Museum, the Histology laboratory, the cadaver, and other training equipment available. They thereafter proceeded to the Animal house where rabbits, rats and some exotic animals were kept for regular supply of animals for training of students.

The team also went to the Odosida campus of the university where they inspected the Biochemistry laboratory, Physiology laboratory, Staff offices, the University Library as well as the well-equipped e-library.

Apart from facilities on ground the team verified the number of professors, fully appointed or adjunct teaching staff, secretaries and administrative officers in each department.

They later interacted with the 200 and 300 level students in their lecture halls to ascertain their level of satisfaction with facilities and lecturers in the school. The MDCN accreditation team then visited the Mother and

Child Hospital where the Chief Medical Doctor, Dr. Michael Gbala conducted the members round the facility.

Gbala revealed that the hospital has 100 bed spaces for obstetrics and gynaecology and that many doctors in the hospital are already lecturers of UNIMED, ready to provide clinical studies for the students.

At the Kidney care centre, the CMD, Dr. Akinwumi Akinbodewa took the team round the wards and other

facilities. The MDCN team subsequently proceeded to the Gani Fawehinmi Diagnostic Centre and later to the Trauma and Surgical Centre where the CMD, Dr. Oluwole Ige conducted them round to the resuscitation and triage unit, radiology department, the accident and emergency unit, intensive care unit, the burns centre, as well as the surgical ward.



Members of the Medical and Dental Council of Nigeria's accreditation team during an inspection tour of the histology laboratory of the University of Medical Sciences

MDCN visits Akintade faculty building project, student hostel

On Tuesday, June 20, 2017, the seven-man accreditation team of the MDCN visited the nearly-completed Akintade Faculty of Basic Clinical Sciences Building. They recommended that more exit points be created for the laboratories in the faculty. The team later inspected the male and female hostel of the university to check the living condition of students. They expressed satisfaction with the number of students per room, saying there are universities with more students accommodated in a fewer bed spaces. They also recommended ways to improve facilities available at the hostel.



MDCN accreditation team arriving the construction site of the Akintade Faculty of Basic Clinical Sciences for inspection of the facility.

‘Let’s cross this hurdle’, Akeredolu tells MDCN

Ondo State Governor, Arakunrin Oluwarotimi Akeredolu, SAN, has expressed hope that members of the Medical and Dental Council of Nigeria’s accreditation team would allow the University of Medical Sciences, Ondo, to scale through the process.

The governor made the appeal during a courtesy visit by the accreditation team and principal officers of UNIMED to the governor in his office at Akure, the state capital.

The Vice Chancellor, UNIMED, Prof. Friday Okonofua, who led the accreditation team to the governor said he deemed it fit that the visiting MDCN team interact with the state chief executive.

Okonofua said, “ This is a very important visitation and a major milestone because if we succeed, we will be breaking the records. So, I felt that this important team can not come to Ondo State for the first time ever without meeting our benefactor, someone who has helped us so much.

“ Before the inception of this administration, many of us were worried but since the governor came, he has given us overwhelming support.”

The Acting Registrar of the MDCN, Dr. Tajudeen Sanusi praised the state government but said there are still many hurdles to cross.

“ In medical training, there are different hurdles that would need to be overcome. And while training this doctors, we are not only training them to be local doctors, but for global consumption and therefore there are standards, and that is why we are here. I would say the state government has tried a lot and I still believe the effort is still on to improve on what you have on ground”, Sanusi said.

The leader of the MDCN accreditation team, Prof. Abdu-Aguye described the UNIMED project as unique and laudable.



Ondo State Governor, Arakunrin Oluwarotimi Akeredolu SAN with members of the Medical and Dental Council of Nigeria’s accreditation team and the principal staff of UNIMED during a courtesy visit to the Governor in his office.

“ It is our privilege to come as a team to look at this rather unique university. We are usually used to accrediting colleges within university but as it is this time, we are accrediting the university itself.

This experiment is a very unique one and let me congratulate the state for this initiative”, Abdu-Aguye said.

He added, ‘We have come to see a university that is about three years old and has so much already to its credit. We think this is a very good progress’.

He said the team was at the Mother and Child hospital, the Trauma and Surgical centre, Kidney care centre and the Faculty of Clinical Sciences which is near completion.

Abdu-Aguye informed the governor that there is need to harmonise existing structures so that a doctor in the hospital can also see himself as a lecturer in the university.

In his response, the governor said his administration is in full support of the University, which is the first of its kind in Nigeria and West Africa.

“ It would have been most wonderful if you had met my predecessor who mid-wived this institution because of his own

commitment and believe in the field of medicine. I think he has done well because all of you are recognising the fact that this is unique. So I think it is him that will take the glory, not me. It is something good and we are duty bound to ensure that the university survives”, Akeredolu said.

On the issue of harmonizing existing structures, the governor assured the accreditation team that he would look at the existing laws and do the necessary amendments before the end of the year.

Akeredolu said he would also enshrine it in the constitution that only professors of medicine can become the Vice Chancellor of the University of Medical Sciences, Ondo and not just any other field so as to maintain the standard.

He expressed confidence in the leadership of Prof. Friday Okonofua and his ability to raise funds for the university, saying his years of experience at the Ford Foundation count.

“ I know that with Prof. Okonofua at the helm of affairs of the university, we would by the grace of God scale these many accreditation hurdles which you said we still have to cross. I pray that we have crossed this one so that we can cross others”, Akeredolu said.

FUF wax stronger, a year after lunch

July 7, 2017 marks one year anniversary of the launch of the Friends of UNIMED Fund. So far more than 1,000 people from different walks of life have donated millions of naira to the university through the fund. The idea is to generate a cohort of friends for the university who will make regular, small and determined financial contributions towards the implementation of specific projects in the University.

The reports below show how notable men in the society continue to contribute almost a year since the launch of FUF.

Oludoko donates £1,000

The Oludoko of Udoko, Oba Dr. Samuel Adeyemi Akinmusire (JP) KSF, Ajiboye Surulere I has donated 1,000 pounds to the Friends of UNIMED fund thereby enlisting as a platinum friend of the university. The Oba made the donation during a courtesy visit to the Vice Chancellor of the University of Medical Sciences, Ondo, Prof. Friday Okonofua in his office. He promised to make more donations to support the university's dream of attaining the status of a veritable medical tourism destination for West Africans seeking sophisticated medical care within a short period of time.



L-R: The fund raising officer, University of Medical Sciences, Ondo, Princess Chukwu; former Ag. Bursar, UNIMED, Mr. Abraham Fabusuyi, Deputy VC, Academics, Prof. Adeseye Arogunjo; VC, UNIMED, Prof. Friday Okonofua; Oludoko of Udoko, Oba Dr. Samuel Akinmusire; Deputy VC, Admin. & Clinical Services, Prof. Odunayo Oluwatosin and Director of Advancement & Documentation, Prof. Abimbola Akintade during the donation of £1,000 to UNIMED

Ajileye donates ₦1.5m

The Chief Executive Officer, Alpha Integrated Energy Services Limited, Engineer Rotimi Ajileye has donated One million, five hundred thousand naira to the Friends of UNIMED Fund. The donation was in fulfilment of a pledge made by the C.E.O during the second matriculation ceremony of the University of Medical Sciences, Ondo. With the donation, Engr. Ajileye is classified as a platinum friend of the university.



C.E.O, Alpha Integrated Energy Services Ltd, Engr. Rotimi Ajileye

Chief Akintade, FUF biggest contributor, to complete Faculty building in July

The Chief Sarowo of Ondo kingdom, Dr. Isaac Akintade has promised to complete the building of Akintade Faculty of Clinical Sciences before the end of July 2017.

The edifice, which is about 90 percent completed as of the time of filing this report is valued at about N200 million naira.

The Deputy Registrar (Academics), University of Medical Sciences, Ondo, Mr. Adeyinka Adekalu and the Fund raising programme officer, Princess Chukwu were at his office to present a plaque in recognition of his enormous contribution to the development of the university.

Chief Akintade said he is always interested in contributing to the development of humanity and therefore saw the opportunity to do more with the establishment of UNIMED.

He said his ongoing project, the construction of the Akintade faculty of Clinical Sciences, would be completed before the end of July 2017.



L-R: The fund raising programme officer, University of Medical Sciences, Ondo, Princess Chukwu; the Chief Sarowo of Ondo Kingdom, Chief Isaac Akintade; and Deputy Registrar (Academics), UNIMED, Mr. Adeyinka Adekalu during the presentation of a plaque to Chief Akintade in recognition of his contribution to the university.

Osemawe, Mimiko host MDCN accreditation team

The Osemawe of Ondo Kingdom, Oba Dr. Victor Adesimbo Kiladejo, Jilo III, and the former Governor of Ondo State, Dr. Olusegun Mimiko on June 20, 2017 hosted the MDCN accreditation team.

At the palace of Osemawe, the Acting Registrar of the MDCN,

Dr. Tajudeen Sanusi, praised the Osemawe for encouraging his subjects to donate needed resources to the university. The leader of the team, Prof. Ibrahim Abdu-Aguye, said 'the importance of royalty can not be overstated because they occupy a very unique niche in the development of the society'.

" We noted one or two buildings springing up obviously from your subjects and I think you are in the best position to be able to help in this respect", Abdu-Aguye said. The Osemawe, Oba Dr. Adesimbo Kiladejo, appreciated the team for the visit.

" Let me tell you that whatever is happening today is going to be part of the history of this community. Like you rightly know, anything that is starting is bound to have some challenges but what we have on ground now is far far better than what we met when we were admitted into the medical school at Obafemi Awolowo University, Ile-Ife. I am not unaware of possible challenges because I visit the campus regularly, but the political-will is there", Oba Kiladejo said. The team thereafter decided to round up the day with a visit to the former Governor of Ondo State, Dr. Olusegun Mimiko at his house in Ondo.

During the visit, the Vice-Chancellor, UNIMED, Prof. Friday Okonofua told Dr. Olusegun Mimiko how Ondo State Governor, Arakunrin Oluwarotimi Akeredolu gave credit

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The Osemawe of Ondo Kingdom, Oba Dr. Adesimbo Kiladejo with members of the Medical and Dental Council of Nigeria's accreditation team in his palace



The former Governor of Ondo State, Dr. Olusegun Mimiko with members of the Medical and Dental Council of Nigeria's accreditation team in his house in Ondo.



A group photograph of participants at the King Baudouin Foundation conference held in New York, USA with the Vice Chancellor, University of Medical Sciences, Ondo, Prof. Friday Okonofua (sitting second right) in attendance

Osemawe, Mimiko host MDCN

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to his predecessor on his achievements in the health sector.

In his response, Mimiko said he was delighted to meet his professional colleagues and appreciated the team for the visit.

I am not surprised that the governor would praise me for what has been achieved. He has enough confidence in himself to acknowledge what others have done. We will continue to pray for him so that he can take the state to higher heights”, Mimiko said.

HEALTH CORNER

10 ways to prevent Heart Attack

You want what's best for your heart. And it's simpler than you might think. These 10 lifestyle changes can help prevent a heart attack and heart disease.

Continued from last edition

4. Keep tabs on your blood pressure. If it's too high, your risk of a heart attack and heart disease goes up. Stress management, a healthy diet, and regular exercise can help you manage your blood pressure. Your doctor may also prescribe medications to lower your levels.

5. Mind your blood sugar. Too much sugar in your blood can damage your arteries, even if you don't have diabetes. Work with your doctor to control your levels. That may lower your chance of having a heart attack or stroke. Remember, you can't tell if you have diabetes (or high blood pressure, or high cholesterol) based on how you feel.

6. Be smart about cholesterol. When blood flows through your heart, it can drop traces of cholesterol, fat, and calcium, creating a buildup of plaque in your arteries. Too much of it makes a heart attack more likely. If you don't know your cholesterol levels, ask your doctor for a blood test.

To be continued...

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UNIMED July Birthdays

| Students | | |
|-------------|----------------|---------|
| Omoloja | Oyinkansola | July 2 |
| Abdulraheem | Olamide | July 3 |
| Osazee | Jeremiah | July 4 |
| Adegbola | Folashade | July 5 |
| Aroso | Oluwatosin | July 10 |
| Osasona | Oluwadarafunmi | July 14 |
| Ologbosere | Morenikeji | July 16 |
| Ayodeji | Temilade | July 18 |
| Inegbedion | Goodness | July 19 |
| Adeniyi | Oladunni | July 20 |
| Yusuf | Marvellous | July 22 |
| Owodunni | Deborah | July 23 |
| Ale | Oluwatosin | July 23 |
| Akinyosoye | Grace | July 23 |
| Omoghan | Nathatcher | July 26 |
| Famubode | Oluwatofunmi | July 26 |
| Lawal | Boluwatife | July 26 |
| Afolabi | Wonuola | July 27 |
| Oyeneyin | Tosin | July 31 |



| Staff | | |
|-----------------|-------------|---------|
| Mr Ojo | Olamide | July 3 |
| Mr. Salemcity | Aanuoluwapo | July 5 |
| Ms. Tola | Awoniyi | July 6 |
| Mr. Ademola | Babalola | July 7 |
| Mr Rasaq | Nurudeen | July 12 |
| Mr. Lawal | Tomisin | July 13 |
| Dr. Jacob | Arawande | July 17 |
| Mr. Sunday | Fapohunda | July 21 |
| Mrs. Sadiat | Akadiri | July 26 |
| Barr Oluwatoyin | Aladegbami | July 27 |
| Mrs Tolulope | Oyolola | July 29 |
| Dr. Onoriode | Oyiborhoru | July 31 |

About UNIMEDtitbits

- UNIMED *titbits* is a bi-monthly news publication of the Public Relations Department.
- Heads of Departments/Units, Deans and Principal officers of the university are hereby encouraged to carry the PR dept along in the planning of events related to the University .

Call for Articles

Articles of not more than 250 words in electronic format are welcomed for publication from both staff and students of the University

For comments / enquiries, please contact the PR dept.

Phone Number: 07030537553

e-mail: pro@unimeds.edu.ng

Stories compiled by : Temitope Oluwatayo

Edited by: Ademola Babalola